

What Motivates You?

As individuals there are different factors that motivates us. Our motivations can be driven by our DiSC style, upbringing, environment, and life experiences. What motivates you may not necessarily motivate your teams. Use this quick assessment to determine what are key areas that motivate you.

Quickly read these phrases, check **two** that you find most motivating at work.

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|--|---|
| <input type="checkbox"/> Taking on new challenges | <input type="checkbox"/> Solving problems |
| <input type="checkbox"/> Knowing I made other people happy | <input type="checkbox"/> Meeting new people |
| <input type="checkbox"/> Being in charge | <input type="checkbox"/> Building connections with co-workers |
| <input type="checkbox"/> Making steady progress toward goals | <input type="checkbox"/> Brainstorming ideas |
| <input type="checkbox"/> Getting public recognition | <input type="checkbox"/> Analyzing all the options |
| <input type="checkbox"/> Working on team projects | <input type="checkbox"/> Being in a constantly changing environment |
| <input type="checkbox"/> Being asked to help others | <input type="checkbox"/> Getting closure on projects |
| <input type="checkbox"/> Doing a job right the first time | <input type="checkbox"/> Being in the limelight |
| <input type="checkbox"/> Taking risks | <input type="checkbox"/> Being the expert on a topic |
| <input type="checkbox"/> Producing concrete results | <input type="checkbox"/> Having freedom to do things my way |

Compare your results to your manager and colleagues.

- Where are you similar?
- What is different?
- Why do you think that is?
- What could you do differently to help motivate each of your team members?