

Executive Coaching Life Cycle



Assessment

Action Planning & Guidance Coaching

Situational Leadership Coaching



Frequency

Weekly coaching sessions

Weekly to bi-weekly to tri-weekly coaching sessions

Weekly to bi-weekly to tri-weekly coaching sessions

Activity

- o Investigate time, priority and goal balance and alignment
- o Assess leadership style
- o Build relationship
- o Establish performance metrics

- o Establish professional & personal roadmap
- o Create action plans and establish accountability
- o Coaching for new behaviors
- o Execute upon action plans

- o Coaching for continued behavior
- o Situational coaching
- o Drive accountability
- o Self correction in leadership style
- o Assessment of goal achievement
- o Stakeholder feedback

Deliverables

Behavioral Assessments

Performance Metrics

Professional Roadmap

Baseline 360° Performance Review

Comparative 360° Performance Review